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1. Organization: Rosenzweig Center for Rapid Recovery, LLC
  2. Contact person: Robin Pickett
  3. Title of program: Accelerated Resolution Therapy (ART) Advanced Training
  4. Presenters(s): See training schedule. <http://acceleratedresolutiontherapy.com/types-of-training-available/>
  5. Dates of presentation: See training schedule. <http://acceleratedresolutiontherapy.com/types-of-training-available/>
  6. Program Fees: \$700.
  7. Continuing Education (CE) credits: 12.5
  8. Registration Policy: If requested, a full or partial refund of any payment will be considered only if stated, in writing, at least 72 hours prior to the start date of the seminar.  
RCRR reserves the right to access a cancellation fee of \$100. Registrants requesting a transfer of funds to a future training date will be assessed a \$50 transfer fee and be eligible to attend for a period of 6 months from date of original payment. If for any reason, RCRR cancels or reschedules a seminar after receipt of your payment, you may transfer your funds to a future seminar or request a refund and such request will not be unreasonably denied.
  9. Location: See training schedule. <http://acceleratedresolutiontherapy.com/types-of-training-available/>
  10. Target Audience: Social Workers, Psychologists, Mental Health Professionals
  11. The program is Intermediate & Advanced Level training.
  12. Instructional methodology  
( X ) Lecture ( X ) Case Presentation ( X ) Interactive Exercises ( X ) Audio/Visual ( X ) Discussion Groups
  13. Course Description: This **ART** training will spend time on problems such as OCD, Substance problems and phobias. It will offer further tips on how to approach these problems. It utilizes *The Typical Day* which you learned in Basic **ART** but it also includes the use of other **ART** interventions such as *The Little Liar*, which is excellent for the problems mentioned above. This training also offers a chance for you to review some of your cases for consultation during the training.

Materials: Videos of actual sessions of **ART** used with OCD, Substance problems and phobias. **ART** Enhancement Manual.

Objectives:

- 1) Participants will understand and be able to use the Accelerated Resolution Therapy (ART) protocol with clients who have Obsessive Compulsive Disorder (OCD)
- 2) Participants will understand and be able to use the Accelerated Resolution Therapy (ART) protocol with clients who have addiction problems
- 3) Participants will understand and be able to use the Accelerated Resolution Therapy (ART) protocol with Phobias
- 4) Participants will understand how to create their own metaphors for use with Accelerated Resolution Therapy (ART)
- 5) Participants will expand their understanding of creating ART interventions and be able to show by stating at least two interventions they have created on their own that they understand the process.

14. Training Schedule

**DAY ONE**

8:45 am -	9:00 am	Sign in/paperwork
9:00 am -	9:15 am	Introduction to <b>ART</b> Enhancement Training
9:15 am -	10:15 am	<b>ART</b> Video: <i>The Little Liar</i> (Obsessive Compulsive Disorder)
10:15 am -	10:30 am	Discussion About OCD and Questions
10:30 am -	10:45 am	Break
10:45 am -	11:45 am	<b>ART</b> Video: <i>The Little Liar</i> (Addiction)
11:45 am -	12:00 pm	Discussion About Addiction
12:00 pm -	1:00 pm	Lunch
1:00 pm -	3:00 pm	Practicum: Practice <i>The Little Liar</i>
3:00 pm -	3:10 pm	Break
3:10 pm -	4:10 pm	Practicum: Practice <i>The Little Liar</i>
4:10 pm -	5:00 pm	Discussion about any other diagnosis clinicians have questions about and treatment with <b>ART</b>

**DAY TWO**

8:45 am -	9:00 am	Sign In
9:00 am -	10:00 am	<b>ART</b> Video: (Tracking with Your Client)
10:00 am -	10:15 am	Break
10:15 am -	11:45 am	Review/Exercises in Enhancement Manual - Discussion about use of metaphors and suggestions, enhancing your skills
11:45 am -	12:45 pm	Lunch
12:45 pm -	1:45 pm	Practicum: Practice Using EM's on Yourself for Compassion/Fatigue
1:45 pm -	2:00 pm	Break
2:00 pm -	3:00 pm	Live Demo

3:00 pm -	5:00 pm	Case Consultation and Group Discussion on Any Topic Discussion About "Train the Trainer" Training
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### **Grievance Policy**

Commonwealth Educational Seminars (CES) seeks to ensure equitable treatment of every person and to make every attempt to resolve grievances in a fair manner. Please submit a written grievance to CES, 1020 Osterville West Barnstable Rd, Marstons Mills, MA 02648. Grievances will initially be directed to the training instructor. Grievances would receive, to the best of our ability, corrective action in order to prevent further problems. If you have questions or concerns, contact Commonwealth Educational Seminars at (800) 376-3345.

### **Accommodations for the Differently Abled**

Commonwealth Educational Seminars' training facilities are handicap accessible. Individuals needing special accommodations, please contact Robin Pickett, 407-298-6786.