

Preliminary data

- 28 patient test cases
 - Inpatient 9 patients (32%)
 - Residential 6 patients (21%)
 - Clinics 13 patients (46%)

Patient Pre and Post Testing

- N = 27
- Pre intervention
 - Patient's self assessment of their current level of distress pre ART (range 1 – 10)
 - Mean = 7.62 S.D. = 1.54

Post intervention

patient self assessment and confidence that distress has changed post ART (range 1 -10)
mean = 3.16 S.D. = 1.64

Statistical Significance

- Through SPSS ran a paired samples t – test to compare PRE and POST group means
 - A paired sample t test is appropriate for studies in which a sample group is used for pre and post analysis

Findings:

- $T = 10.046$ $df = 26$
- Significance (2 tailed) = .000
- Highly significant