

|                           |                    |
|---------------------------|--------------------|
| Therapist being reviewed: | Kashi Heynis, LMHC |
| Date:                     | 2/14/2022          |

Candidate: please score "+" if action was executed appropriately, a "-" if it was not

|   | + or - |
|---|--------|
| Beginning Session: Explanations to Client (The evaluators will determine via your video if you have met the criteria for giving clear, thorough explanation of the basic ART protocol.) |        |
|   | +      |
| Instructed to Stay with EM's Even If Distressed   |        |
|   | +      |
| Gauge distress with Artometer (allowing client to pull it up)   |        |
|   | +      |
| Processing Early Sensations   |        |
|   | +      |
| Used Scene Match, If Needed (Sensations didn't move or worsened)  |        |
| Normally, I ask them to "think of an earlier time" but she arrived at a memory in first set.  | +      |
| Gave Sufficient Directions for 1 <sup>st</sup> Time Through Scene   |        |
|   | +      |
| Used Sets of 40 (no less no more)   |        |
|   | +      |
| Placement of Hand During Eye Movements  |        |
|   | +      |
| Asked "Did Anything Move or Change?"  |        |
|   | +      |
| Processed Sensations after every set of 40, 1 <sup>st</sup> and 2 <sup>nd</sup> time through scene  |        |
|   | +      |
| Answers the Client's questions sufficiently and appropriately   |        |
|   | +      |
| Gave Sufficient Directions 2 <sup>nd</sup> Time Through Scene   |        |
|   | +      |
| Asked What "Looked or Felt Different"   |        |
| Client reported difference in sensation. I normally ask this before sensation after 2nd time through.   | -      |

|  |     |
|--|-----|
| Gave Sufficient Directions for <i>The Director</i>             |     |
|  | +   |
| Asked About More Time with Hand Up                             |     |
|  | +   |
| Asked About and Did Transfer, if Needed                        |     |
|  | +   |
| Did Outprocessing With Good Explanations                       |     |
| There were no snapshots reported.                              | N/A |
| Reinforce the Good Scene                                       |     |
|  | +   |
| Did Target Trigger Times with Correct Words                    |     |
|  | +   |
| Good Use of Optional Interventions (Bonfire, Confidence Scale) |     |
| Bonfire w/ Gestalt & Conf. Scale                               | +   |
| Used see of Doubt  |     |
| Client reported 10 on confidence scale, so I went with it.     | -   |
| Ending Session with Bridge and/or Fountain                     |     |
|  | +   |
| Scaled End of Session Allowing Client to Pull Down Artometer   |     |
|  | +   |
| Keeping Session Moving "Less Gab; More Grab"                   |     |
|  | +   |
| Following the Script as a Whole, and In Order                  |     |
|  | +   |
| Resolving Session  |     |
|  | +   |
| Following the Script fluidly, from memory                      |     |
|  | +   |
| Use of Metaphors when Opportunity Arises                       |     |
|  | +   |

