1. Organization: Rosenzweig Center for Rapid Recovery, LLC

2. Contact person: Robin Pickett

3. Title of program: Accelerated Resolution Therapy (ART) Enhancement Training

4. Contact hours: 13

5. Target Audience: Social Workers, Psychologists, Mental Health Professionals

6. The program is Intermediate & Advanced Level training.

7. Instructional methodology

   (X) Lecture (X) Case Presentation (X) Interactive Exercises (X) Audio/Visual (X) Discussion Groups

8. Course Description: This ***ART*** training will spend time on problems such as OCD, Substance problems and phobias. It will offer further tips on how to approach these problems. It utilizes *The Typical Day* which you learned in Basic ***ART*** but it also includes the use of other ***ART*** interventions such as *The Little Liar*, which is excellent for the problems mentioned above. This training also offers a chance for you to review some of your cases for consultation during the training. In addition, participants will be trained in self use but also trained in how to teach others how to use eye movements for calming purposes.

   Materials: Videos of actual sessions of ***ART*** used with OCD, Substance problems and phobias. ***ART*** Enhancement Manual. An additional manual on the use of eye movements for calming purposes is also provided. Video of speakers describing how eye movements work will be included. There will be a live demonstration on how best to use eye movements for self-calming purposes and to use it on others for calming purposes.

   Objectives:

   At the conclusion of this program, participants will be able to:

   1) use ART's "Little Liar" script for Substance Abuse.
   2) use ART's "Little Liar" script works for Obsessive-Compulsive Disorder.
   3) use the ART eye movement with pain sensations.
   4) use the ART protocols with Phobias.
   5) apply the "Little Liar" script for motivational purposes
   6) state the steps of ART and describe the purpose of each step.
   7) apply all the ART scripts, and who they are used for, by the end of this training.
   8) be able to use eye movements for calming purposes and to teach others how to use them for calming purposes.

9. Training Schedule

DAY ONE

8:45 am -	9:00 am	Sign in/paperwork
9:00 am -	9:15 am	Introduction to ***ART*** Enhancement Training
9:15 am -	10:15 am	***ART*** Video: *The Little Liar* (Obsessive Compulsive Disorder)
10:15 am -	10:30 am	Discussion About OCD and Questions
10:30 am -	10:45 am	Break
10:45 am -	11:45 am	***ART*** Video: *The Little Liar* (Addiction)
11:45 am -	12:00 pm	Discussion About Addiction
12:00 pm -	1:00 pm	Lunch
1:00 pm -	3:00 pm	Practicum: Practice *The Little Liar*
3:00 pm -	3:10 pm	Break
3:10 pm -	4:10 pm	Practicum: Practice *The Little Liar*
4:10 pm -	5:00 pm	Discussion about any other diagnosis clinicians have questions about and treatment with ***ART***

DAY TWO

8:45 am -	9:00 am	Sign In
9:00 am -	10:00 am	*ART* Videos: Stroke, Dyslexia and Pain; *The List* intervention & Review Scripts
10:00 am -	10:15 am	Break
10:15 am -	11:15 am	Brief Practicum on *The List* intervention
11:15 am -	12:00 pm	SAF-T Train the Trainer (participants choice whether to become a trainer for the 1-day SAF-T training or to just absorb the information about eye movements)
12:00 pm -	12:45 pm	Lunch
12:45 pm -	1:45 pm	SAF-T Train the Trainer review
1:45 pm -	2:00 pm	Break
2:00 pm -	3:00 pm	SAF-T Train the Trainer review
3:00 pm -	5:00 pm	Case Consultation and Group Discussion on Any Topic. Demo's of any script by request. Discussion About Basic ***ART*** "Train the Trainer" Training