



## About the Founder

ART was developed in 2008 by Laney Rosenzweig, LMFT. As a mental health clinician, Laney was trained in multiple treatment modalities, including EMDR. She quickly appreciated the therapeutic value of eye movements but also recognized the need to modify how they are used and integrated with other techniques. She created treatment protocols that are directive, standardized and easy to apply to different conditions. The genesis of ART involved integrating elements from different therapies in a unique and more effective way.

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[www.erasetraumanow.com](http://www.erasetraumanow.com)

## ART Coalition Against Trauma (ACAT)

ACAT groups are monthly consultation groups led by ART trainers.

They are free of charge to anyone trained in ART. Meetings are held primarily online but occasionally in person.

These meetings are an excellent opportunity to connect with other ART clinicians, consult on cases and share your success stories!

**[www.artworksnow.com/acat](http://www.artworksnow.com/acat)**



## International Society of Accelerated Resolution Therapy



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## What is IS-ART?

Formed in 2014, IS-ART provides a professional forum for mental health professionals trained in ART and researchers interested in studying ART to access and share information.

IS-ART mission is to facilitate the advancement of the practice and research of Accelerated Resolution Therapy, as well as, to encourage sharing of information and research related activities to expand the evidence base and understanding of how ART works.

## Benefits of Membership

- ◆ Certification
- ◆ Monthly group conference call consultations
- ◆ Twice a year Inquiring Minds presentation by the developer, Laney Rosenzweig
- ◆ Reduced rates for the annual IS-ART conference
- ◆ Bi-monthly e-newsletter
- ◆ Free copies of updated training scripts
- ◆ Free audit of training for refresher and updates

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## Research Articles

artworksnow.com/  
evidence-based

## Levels of Certification

Basic ART Certified

Master ART Certified

## Certification Requirements

Complete 3 day Basic training

Join IS-ART upon completion of training and maintain yearly membership\*

Submit log tracking 30 ART sessions and email to Sue@is-art.org

Attend at least 1 IS-ART member group zoom consultations

Take Basic certification test

Once you complete Advanced training, you will only need to pass the Master level test to obtain certification at this level.



**Join IS-ART Today**  
**www.is-art.org**